

Vaccine for 'Older Individuals'

McGill Refresher Course 2020



<https://www.youtube.com/watch?v=fQ8hGMt7IZk>

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Research Institute - McGill University Health Center

LEARNING OBJECTIVES

After attending this session, participants will be able to:

- 1) Make better use of the vaccines routinely used to protect older adults*
- 2) Explain the strengths and weaknesses of routine vaccines to their older patients*
- 3) Answer the most common questions about vaccines routinely used in older people*



Conflict of Interest Statement (Last 5 Years)

| | |
|-------------------------------|---|
| Position in Pharma | Medical Officer for Medicago Inc. (Oct 2011 - present) |
| Consulting | Pfizer, Merck, Novartis, GSK, Sanofi Pasteur MSSS, US Dept of Justice (Vaccine Compensation Programs) |
| Contracts | Vaccine trials for virtually all companies |
| Shared Awards | Shared CIHR Team grant (Laval U, GSK) CIHR-Industry grant (Medicago) Shared CQDM grant (Medicago, Laval U, SNC Lavalin) |
| Occasional Speakers Honoraria | Pfizer, Sanofi Pasteur, Novartis |
| Investments | None |

One Tried & True Approach to Staying Alive

25 years



[tps://www.pinterest.ca/pin/322429654562572305/](https://www.pinterest.ca/pin/322429654562572305/)

19 years



<https://www.datingadvice.com/for-men/the-curse-of-the-older-man-and-the-younger-woman>

Another ...



<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3499891/>

al. Five-Day Whole-Body Cryostimulation, Blood Inflammatory Markers, and Performance in High-Ranking Professional
Sports. *JAMA* 2012; 307: 664-672



We're here
to talk about
VACCINES



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Contents lists available at ScienceDirect

Vaccine

journal homepage: www.elsevier.com/locate/vaccine



Review

Vaccination of special populations: Protecting the

Mark Doherty^{a,*}, Ruprecht Schmidt-Ott^a, Jose Ignacio Santos^b,
Annika M. Hofstetter^{e,f}, Susan L. Rosenthal^c, Anthony L. Cur

^a GSK Vaccines, Avenue Fleming 20, Parc de la Noire Epine, B-1300 Wavre, Belgium^b Universidad Nacional Autónoma de México (UNAM), Mexico City, Mexico^c Columbia University College of Physicians and Surgeons, New York, NY, USA^d New York-Presbyterian/Morgan Stanley Children's Hospital, New York, NY, USA^e Department of Pediatrics, University of Washington, Seattle, WA, USA^f Center for Clinical and Translational Research, Seattle Children's Research Institute, Seattle, WA, USA^g Westmead Institute, The Centre for Virus Research, 176 Hawkesbury Road, NSW 2145, Australia

Influenza
Pneumonia
Shingles
Tetanus
Diphtheria
Pertussis

Box 3

Vaccination of older adults.

| | |
|--|---|
| Population | • Older adults |
| Reasons for increased risk of disease | • Decline in innate and adaptive (antibody and T-cell) immune responses (immunosenescence) |
| Diseases most commonly targeted by vaccination | • Influenza • Community-acquired pneumonia • Shingles (herpes zoster) • Tetanus • Diphtheria • Pertussis |
| Reported vaccine uptake rates ^a | • 50–70% for influenza, tetanus, pneumococcus • <25% for herpes zoster |
| Common barriers to vaccination | • Attitudes and beliefs regarding vaccination (especially negative attitudes) • Failure of healthcare provider to recommend vaccination • Lack of knowledge of vaccine safety and effectiveness • Perceived susceptibility to disease • Lack of awareness of national recommendations |
| Unmet vaccination needs | • Vaccines with improved immunogenicity, particularly influenza and pneumococcal vaccines • Vaccines against other leading causes of infection in older adults, such as <i>Staphylococcus aureus</i> , <i>Clostridium difficile</i> • Among active older adults, better consideration should be given to immunity to and risk of travel-associated diseases |

^a In US.

Vaccine Coverage in Older Individuals is Sub-Optimal

USA (≥ 65 years of age)

- 67% for influenza vaccine
- 55-60% for tetanus and pneumococcal vaccines
- 24% for herpes zoster vaccine

Canada

- ~60% for influenza vaccine (varies by year!)
- 38% for tetanus (2004) and 40% for pneumococcus (2018)
- ~8% for herpes zoster vaccine (2014)

Doherty M et al Vaccination of special populations: Protecting the vulnerable. *Vaccine*. 2016 Dec 20;34(52):6681-6690.

Trends in influenza **vaccine coverage** and **vaccine** hesitancy in **Canada**, 2006/07 to 2013/14: results from cross-sectional survey data. Buchan SA, Kwong JC. *CMAJ Open*. 2016 Aug 19;4(3):E455-E462.

Herpes zoster **vaccine** (HZV): utilization and **coverage** 2009 - 2013, Alberta, **Canada**. Liu XC, Simmonds KA, Russell ML, Svenson LW. *BMC Public Health*. 2014 Oct 23;14:1098.

Coverage of anti-**tetanus** **vaccinations** in adults in **Canada**-year 2002. J. Coulibaly N, De Serres G. *Can J Public Health*. 2004 Nov-Dec;95(6):456-9.



Adult Vaccines Save Money

Cost-effectiveness of adult vaccinations: A systematic review

Andrew J. Leidner^{a,*}, Neil Murthy^{b,c}, Harrell W. Chesson^d, Matthew Biggerstaff^b, Charles Stoecker^e, Aaron M. Harris^d, Anna Acosta^b, Kathleen Dooling^b, and Carolyn B. Bridges^a

^aBerry Technology Solutions, USA

^bNational Center for Immunization and Respiratory Diseases, CDC, USA

^cEpidemic Intelligence Service, CDC, USA

^dNational Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention, CDC, USA

^eSchool of Public Health and Tropical Medicine, Tulane University, USA

- 1688 publications: 78 publications retained
- Cost savings by disease
 - 56% for influenza
 - 31% for pneumococcal
 - 23% for tetanus-diphtheria-pertussis •
- Cost per QALY of \leq \$100,000
 - 100% for influenza
 - 100% for pneumococcal
 - 71% for herpes zoster
 - 50% for tetanus-diphtheria-pertussis

DANGER !!!



Tetanus

Clostridium tetani



immunizebc.ca



chemgapedia.de

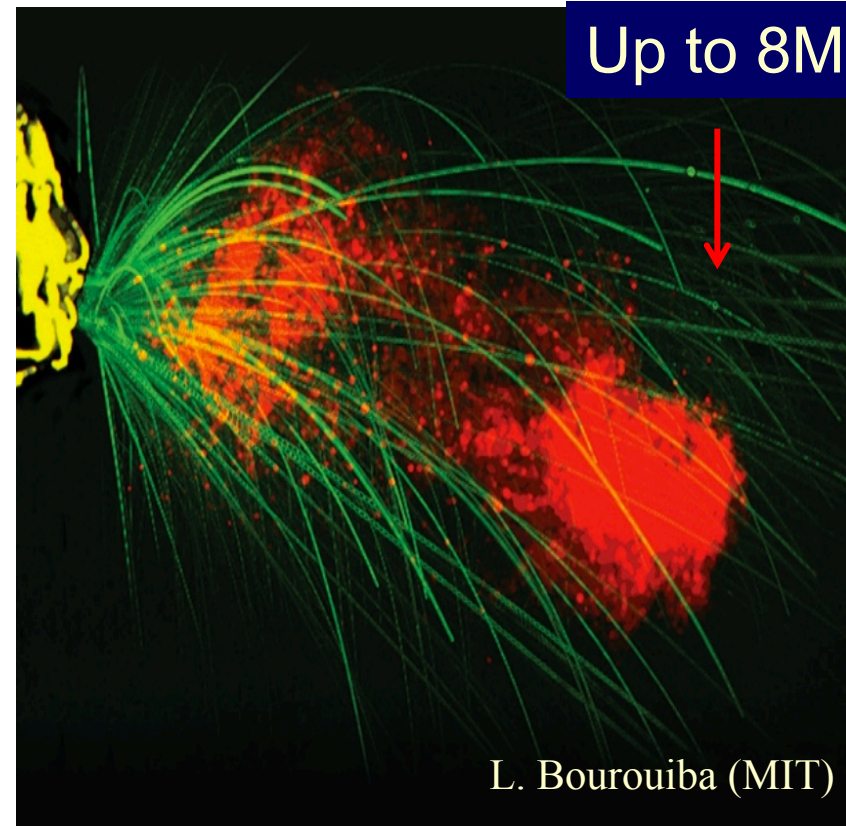
- Tetanospasmin
- Second most potent toxin
(after Botulinum D toxin)
- LD50 in 1ng/Kg range

**Amount needed to kill is less
than amount needed for immune
response**

Pertussis and Chronic Cough

164 adults with chronic cough
and 164 matched controls

- 4 culture-positive *B. pertussis*
- 11 PCR-positive
- 33 with evidence of recent infection





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Contents lists available at [ScienceDirect](https://www.sciencedirect.com)

Vaccine

journal homepage: www.elsevier.com/locate/vaccine

The health and economic burden of pertussis in Canada: A microsimulation study

Ashleigh McGirr^a, David N. Fisman^{a,b,*}, Ashleigh R. Tuite^a




^aDalla Lana School of Public Health, University of Toronto, Toronto, Canada

^bDivision of Infectious Diseases, Department of Medicine, Faculty of Medicine, University of Toronto, Toronto, Canada



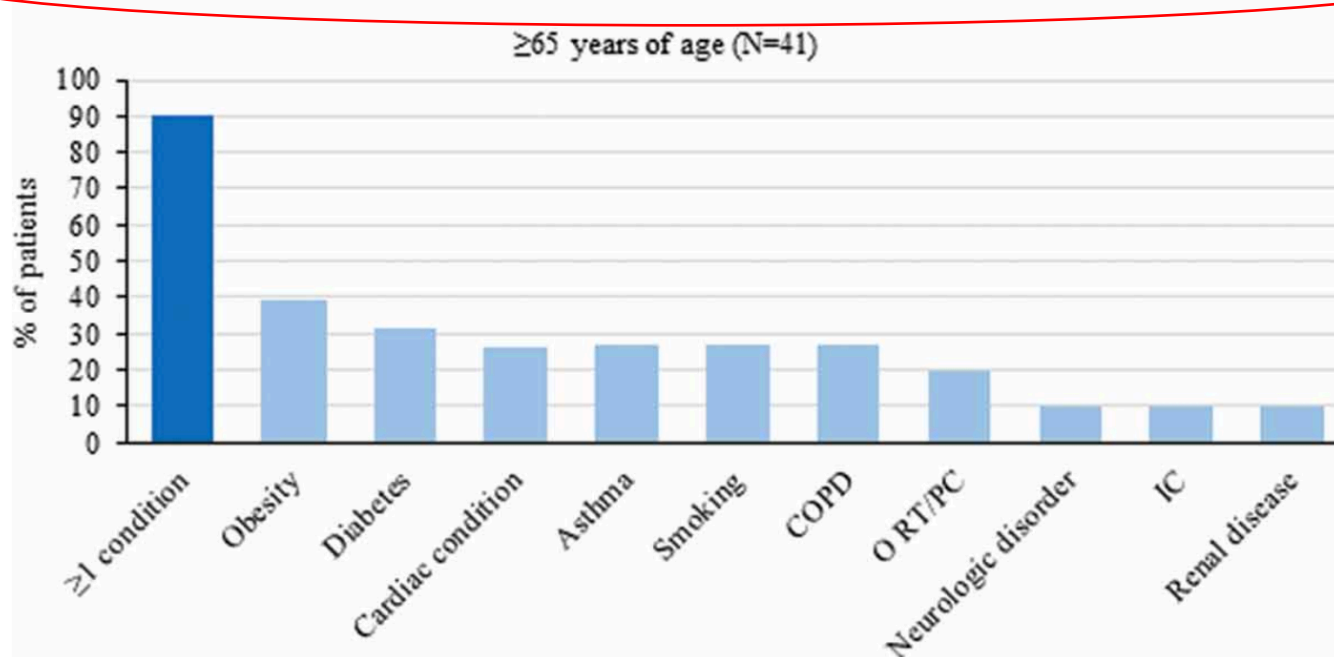
| Age Group | Ontario | | Canada | |
|-------------|---------|------|--------|------|
| | 2012 | 2013 | 2012 | 2013 |
| <6 mo | 799 | 293 | 2528 | 951 |
| 6 mo to 4 y | 997 | 282 | 3693 | 1013 |
| 5 to 17 y | 2342 | 529 | 12,504 | 2967 |
| 18 to 64 y | 1605 | 372 | 5782 | 1909 |
| 65+ y | 113 | 45 | 1025 | 332 |
| Total | 5855 | 1520 | 25,532 | 7173 |

Pertussis in high-risk groups: an overview of the past quarter-century

Victoria A Jenkins , Miloje Savic , and Walid Kandeil *

Vaccines, GSK, Wavre, Belgium

- USA data between 2011 and 2015 → 15,942 cases (20.3 per 100,000)
- 3.2% required hospitalization
 - 29.6% of cases and 4.5% of hospitalizations in 12–20-year-olds
 - 18% of cases and 14.8% of hospitalizations in 21–64-year-olds
 - 2.1% of cases and 8.3% of hospitalizations in >65-year-olds.



Influenza



most NO cases of influenza
(so far) in 2020

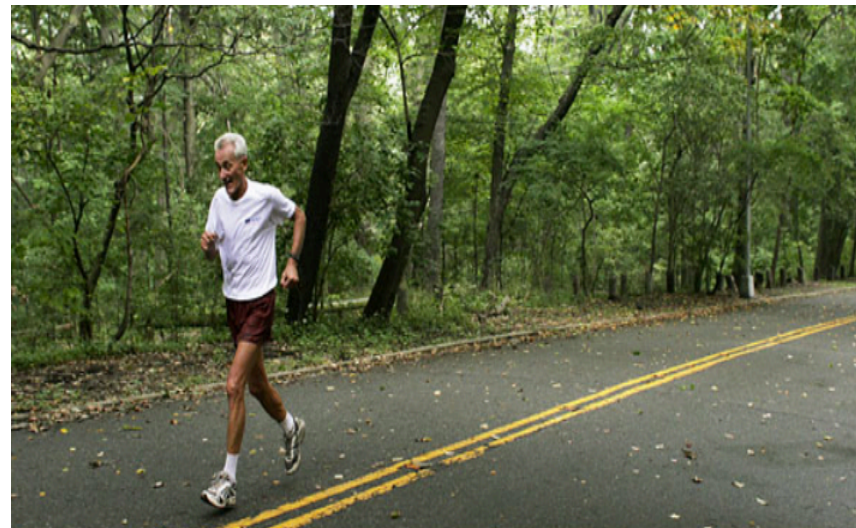


Influenza: Outcomes

Catastrophic disability

Loss of independence in ≥ 3 ADL

72% who experience catastrophic disability have been hospitalized



Leading causes of catastrophic disability

Strokes

CHF

Pneumonia and influenza

Ischemic heart disease

Cancer

Hip fracture

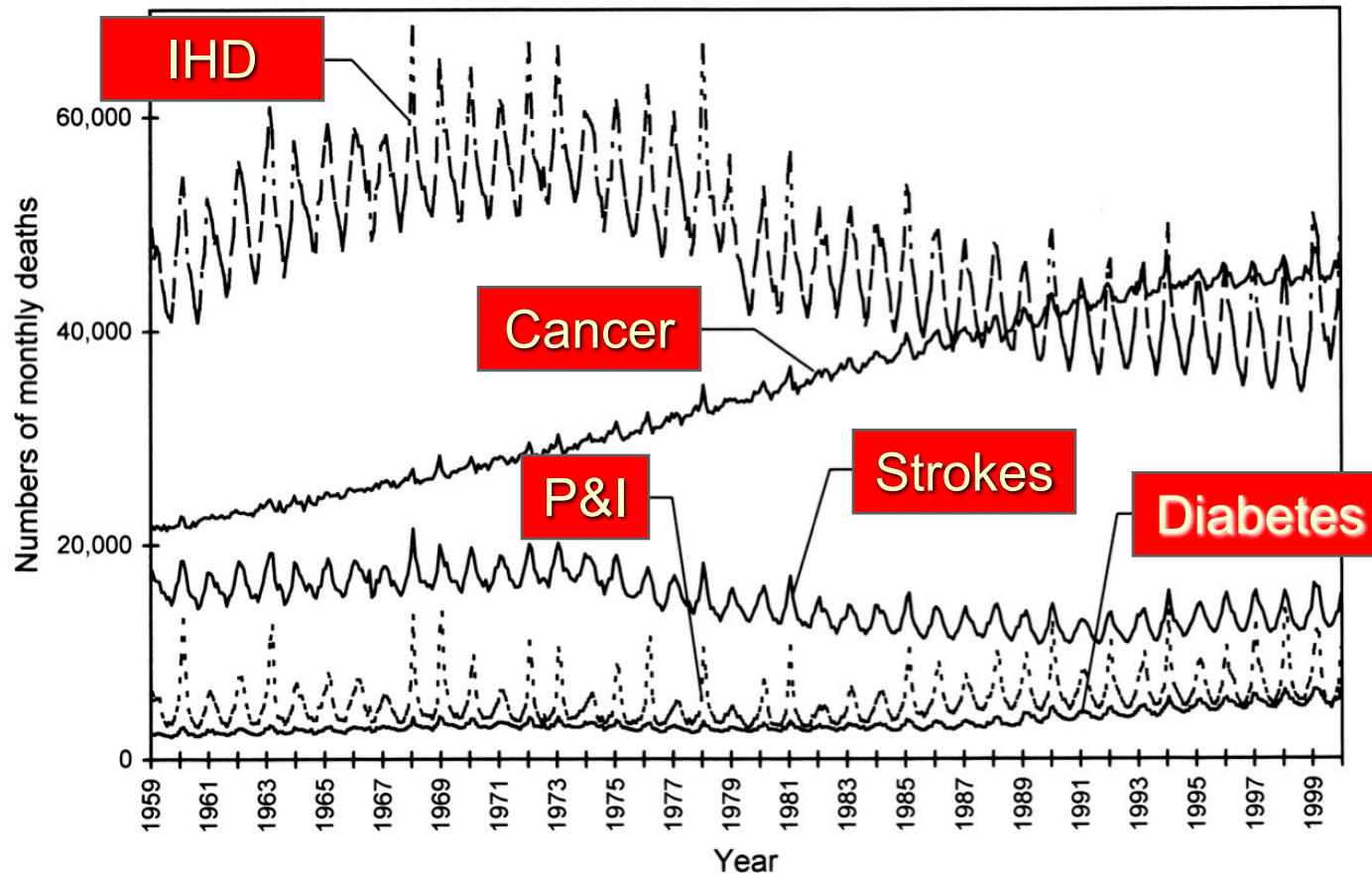
Ferrucci et al. JAMA 277:728, 1997

Barker et al. Arch Int Med 158:645, 1998

Falsey et al. N Engl J Med. 2005;352:1749

McElhaney JE, et al Vaccine. 2012 Mar 9;30(12):2060-7.

Influenza: Predictor of Excess Mortality



Meta-Analyzed to Death

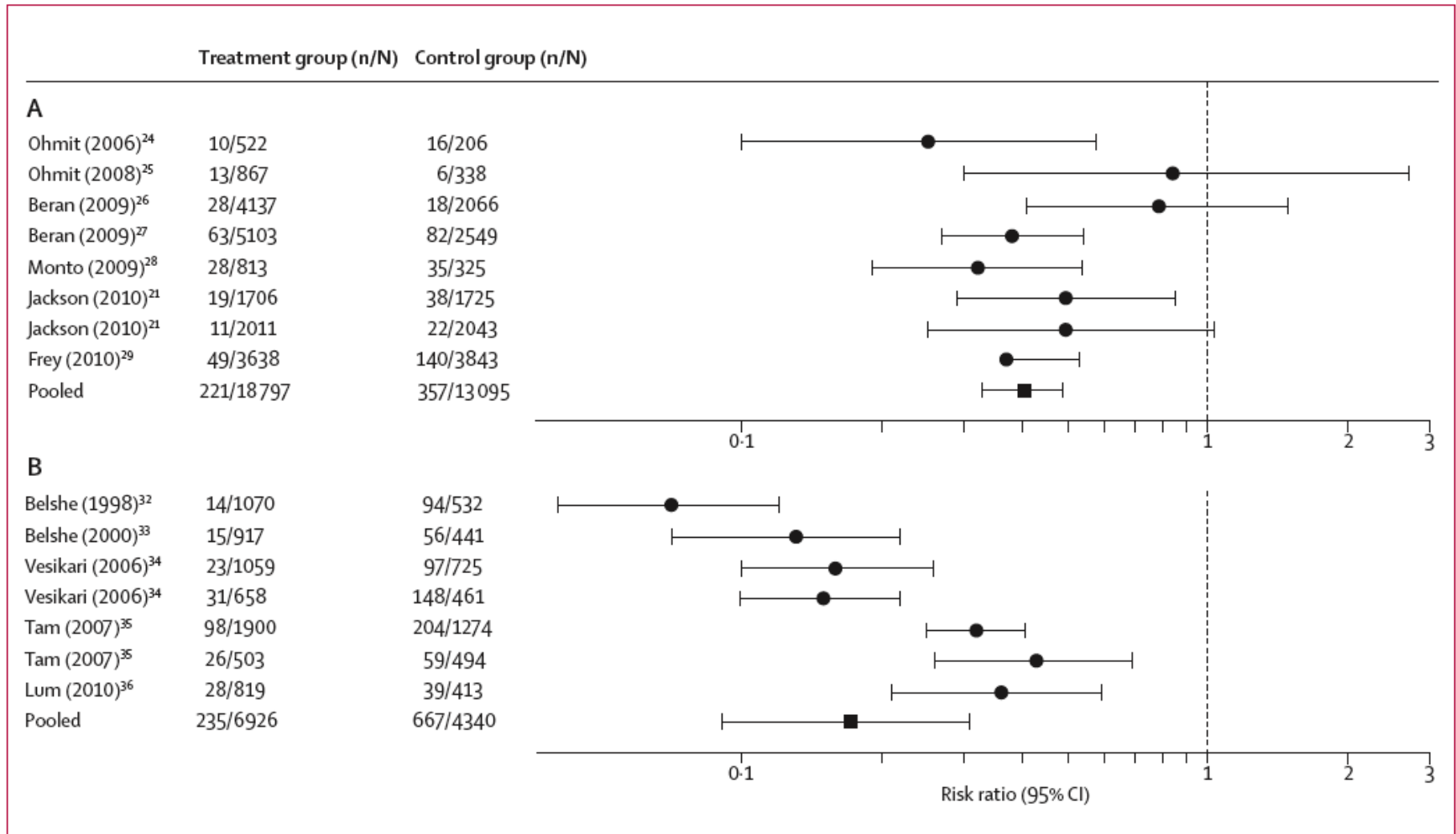


Figure 2: Vaccine efficacy compared with placebo (Mantel-Haenszel random-effects model)

(A) Trivalent inactivated influenza vaccine in adults aged 18–64 years. (B) Live attenuated influenza vaccine in children aged 6 months to 7 years. Studies were prospective (risk ratio) which are equivalent to case-control (odds ratio). n=cases of influenza. N=group size.

“Even at 38% Efficacy ...”

| | |
|---------------------|---------|
| Episodes of Illness | 715,073 |
| Medical Visits | 400,441 |
| Hospitalizations | 65,007 |
| Deaths | 6,796 |

Effects of Influenza Vaccination in the United States During the 2017-2018 Influenza Season.

Rolfes MA, Flannery B, Chung JR, O'Halloran A, Garg S, Belongia EA, Gaglani M, Zimmerman RK, Jackson ML, Monto AS, Alden NB, Anderson E, Bennett NM, Billing L, Eckel S, Kirley PD, Lynfield R, Monroe ML, Spencer M, Spina N, Talbot HK, Thomas A, Torres SM, Yousey-Hindes K, Singleton JA, Patel M, Reed C, Fry AM; US Influenza Vaccine Effectiveness (Flu VE) Network, the Influenza Hospitalization Surveillance Network, and the Assessment Branch, Immunization Services Division, Centers for Disease Control and Prevention. Clin Infect Dis. 2019 Nov 13;69(11):1845-1853.



Recombinant Influenza Vaccines

- Insect Cell-derived vaccine (HA)

- FluBlok™
- 45µg of each strain with no adjuvant
- more effective in subjects >50 years old
- bought by Sanofi not sure what they will do with it yet
- being tried with an adjuvant
- not available in Canada (yet)



Protein Sciences
CORPORATION
Makers of **Flublok**®
Influenza vaccine

- Plant-derived recombinant (HA)

- Fluforza™
- 15µg of each strain in a virus-like particle
- produced in *Nicotiana benthamiana* plants
- Currently before regulators in Canada, USA and elsewhere
- being tried with an adjuvant (AS03) in the elderly

medicago



- Insect Cell recombinant (HA)

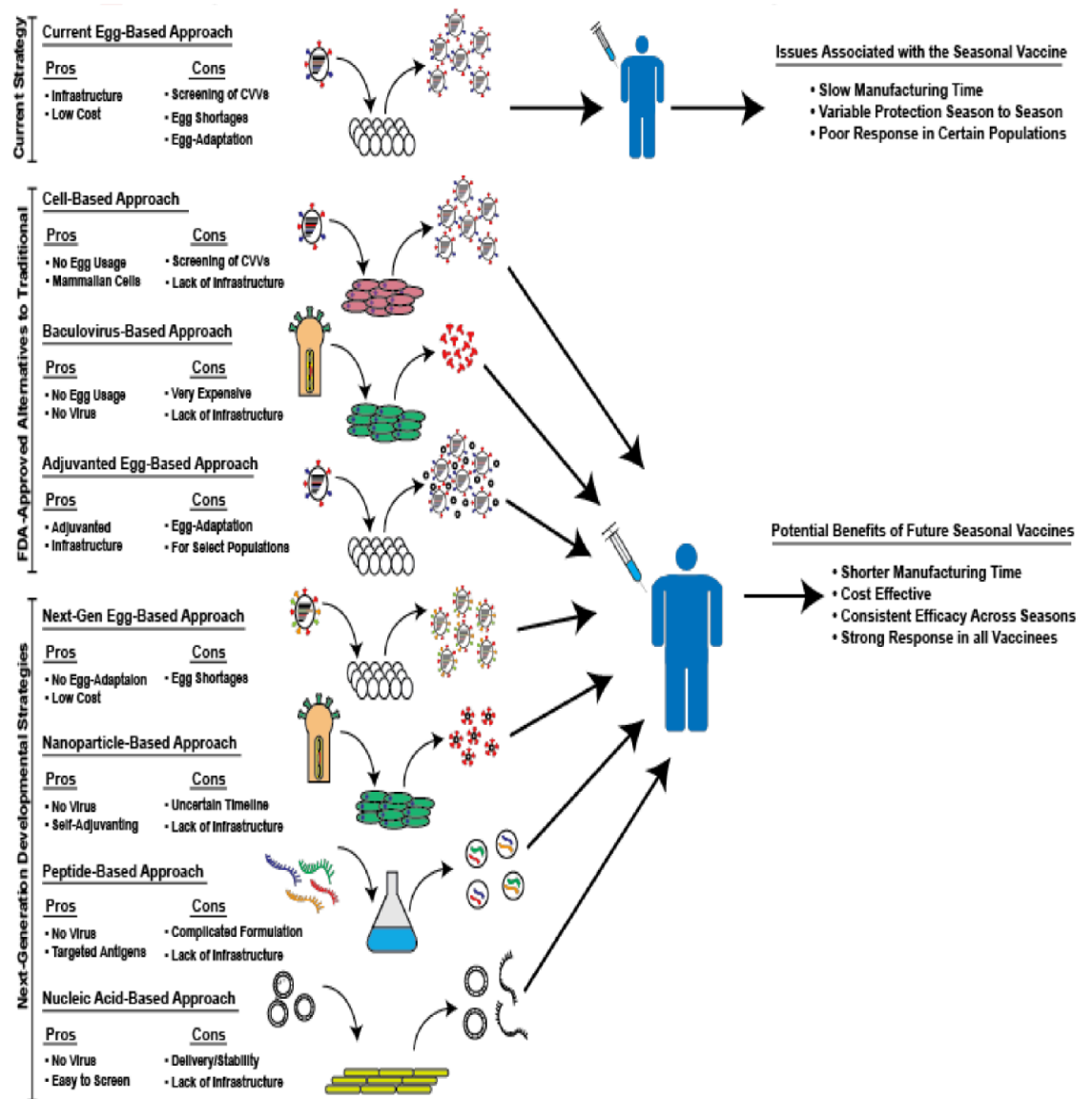
- No name yet
- uses proprietary adjuvant Matrix M

NOVAVAX

Zost SJ, et al. Contemporary H3N2 influenza viruses have a glycosylation site that alters binding of antibodies elicited by egg-adapted vaccine strains. Proc Natl Acad Sci U S A. 2017 Nov 21;114(47):12578-12583.

Ward BJ et al. Efficacy, immunogenicity, and safety of a plant-derived, quadrivalent, virus-like particle influenza vaccine in adults (18-64 years) and older adults (≥65 years): two multicentre, randomised phase 3 trials . Lancet. 2020 Nov 7;396(10261):1491-1503

Expanding Technologies for Seasonal Influenza Vaccines



Influenza Vaccines for the Elderly



MIT Mathematics

- 1) High-Dose Inactivated (Fluzone)
Tri-Valent
Quadrivalent

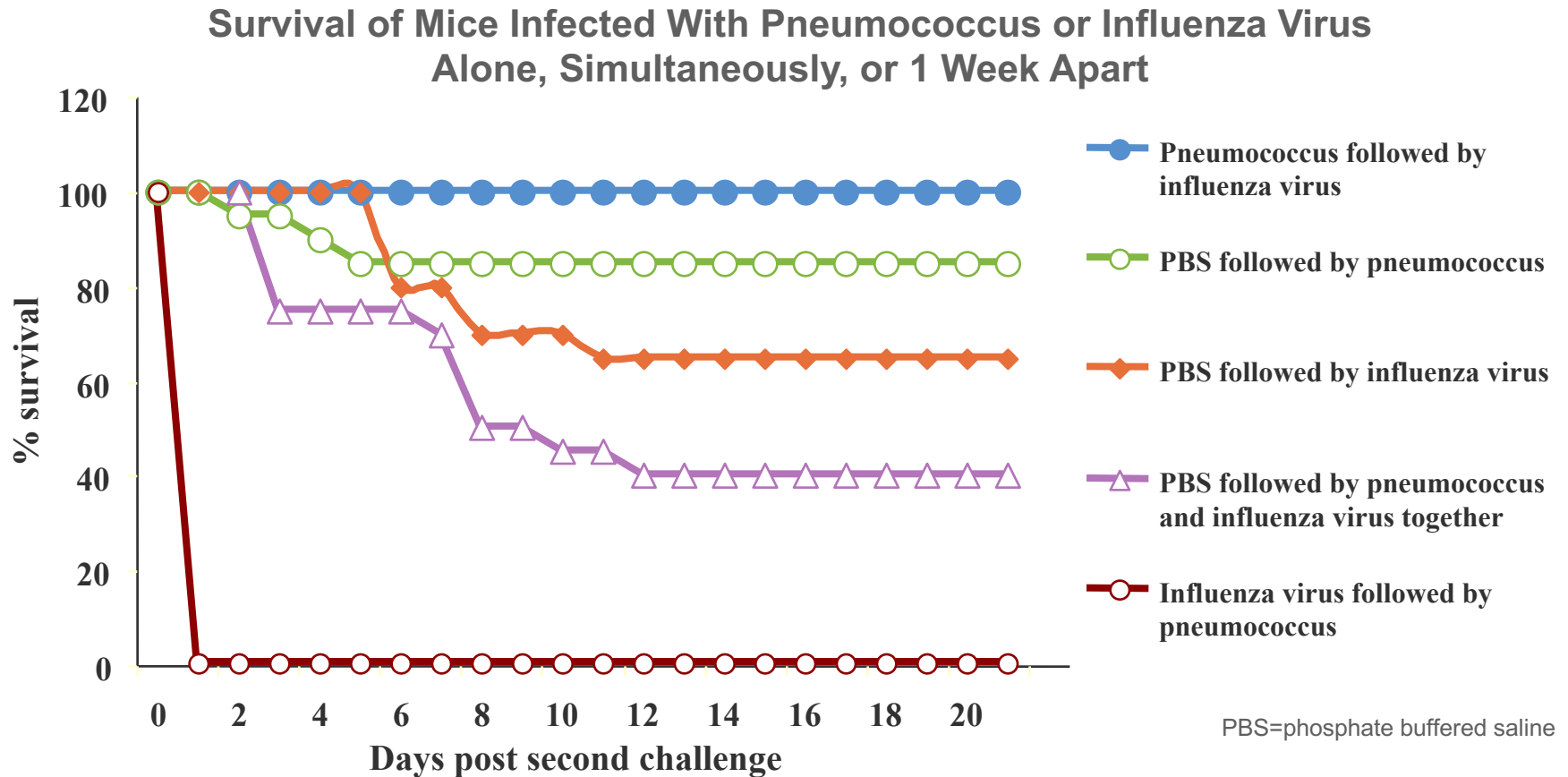
- 2) Re **Real World Data for the Elderly**
Little-to-No benefit from quadrivalent
Benefit to cell-based & recombinant in mismatch years
Small (5-10%) benefit from adjuvant
- 3) M Modest (10-15%) benefit from HD/Recombinant
Advantages generally greatest for serious outcomes
- 4) A ~~Any inactivated quadrivalent~~
Cell-based (Flucelvax) better than egg-based
Not available in Canada yet

CEMETERY



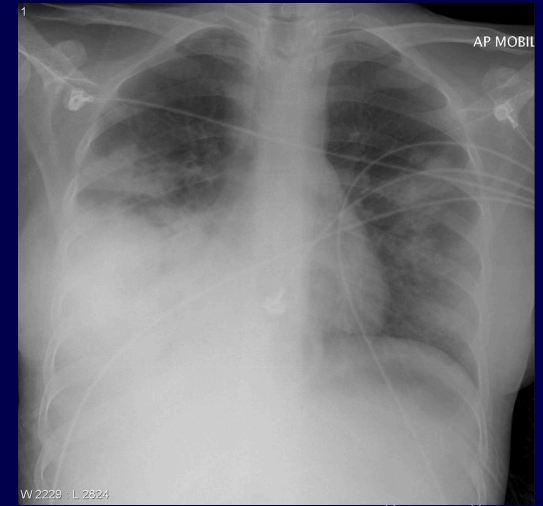
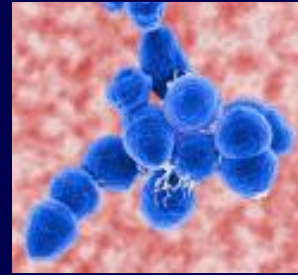
**Elderly
people**

Influenza & *S. pneumoniae* Synergistic Effect on Mortality (Animals)



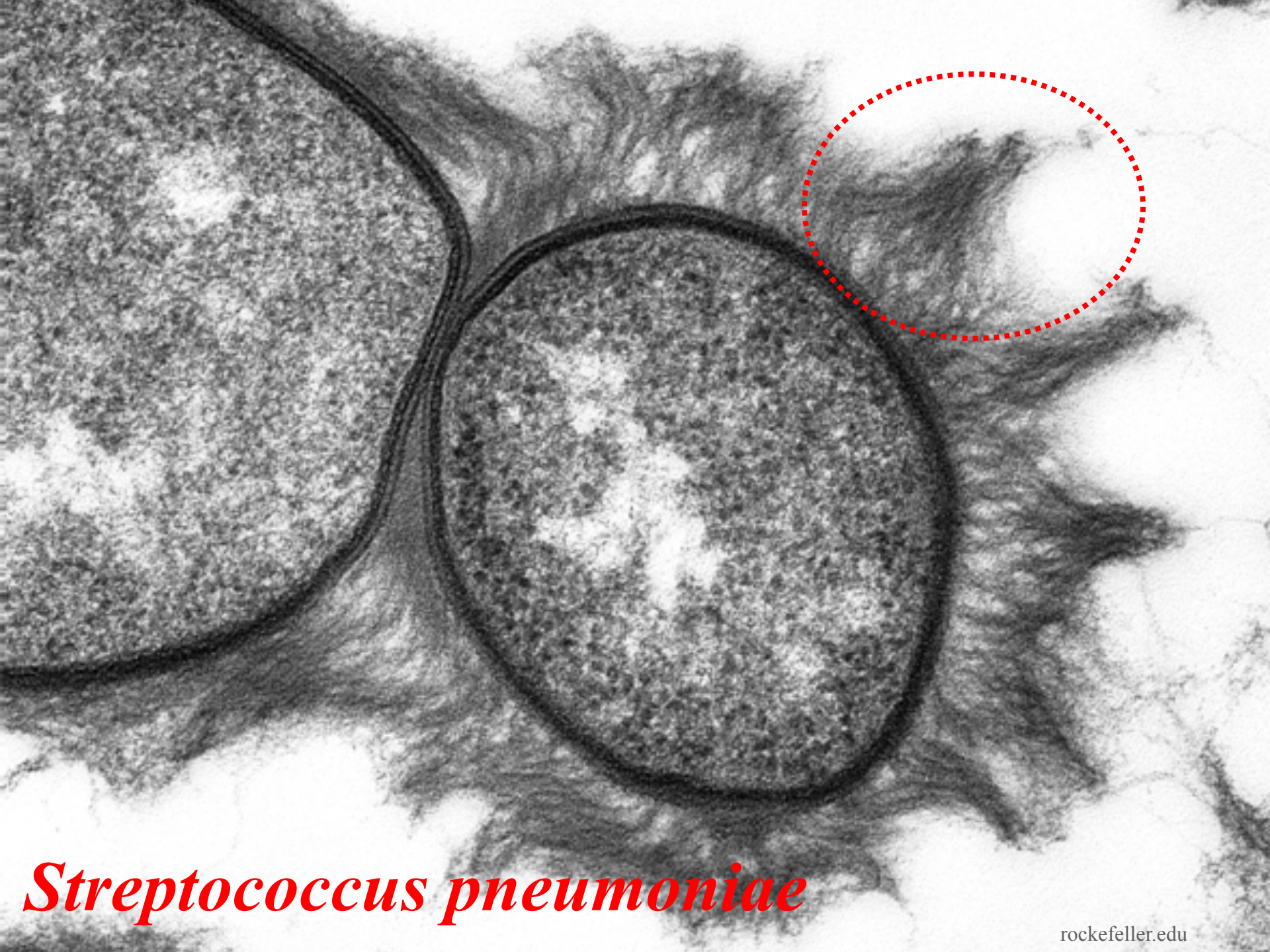
Mortality was 100% in mice challenged with *S. pneumoniae* after influenza

Streptococcus pneumoniae



radiopaedia.org

- World-wide distribution
- Encapsulated bacterium (polysaccharide)
- More than 90 different serotypes
- Predominant serotypes vary by region
- **Antibodies (opsinization & phagocytosis) essential**
- Babies make very poor responses to polysaccharides
- Mortality highest in infants and elderly



Streptococcus pneumoniae

Pneumococcal Conjugate Vaccines

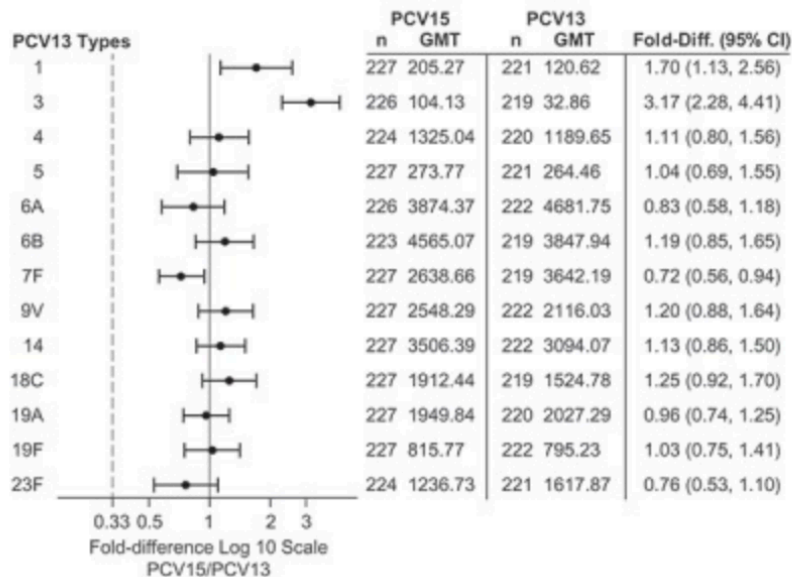
| Wyeth (Licensed) | Pfizer (13-Valent) | GSK (10-Valent) | South African (9-Valent) | Who's Next (15 Valent) | PPV (23 Valent) | |
|-----------------------------|-------------------------------|----------------------------|-------------------------------------|-----------------------------------|----------------------------|-----|
| 4 | 1 | 1 | 1 | 1 | 1 | 17f |
| 6b | 3 | 4 | 4 | 3 | 2 | 18c |
| 9v | 4 | 5 | 5 | 4 | 3 | 19a |
| 14 | 5 | 6b | 6b | 5 | 4 | 19f |
| 19f | 6a | 7f | 9v | 6a | 5 | 20 |
| 18c | 6b | 9v | 14 | 6b | 6b | 22f |
| 23f | 7f | 14 | 19f | 7f | 7f | 23f |
| | 9v | 19f | 18c | 9v | 8 | 33f |
| | 14 | 18c | 23f | 14 | 9n | |
| | 19a | 23f | | 18c | 9v | |
| | 19f | | | 19a | 10a | |
| | 18c | | | 19f | 11a | |
| | 23f | | | 22f | 12f | |
| | | | | 23f | 14 | |
| | | | | 33f | 15b | |

Safety and immunogenicity of 15-valent pneumococcal conjugate vaccine (PCV-15) compared to PCV-13 in healthy older adults

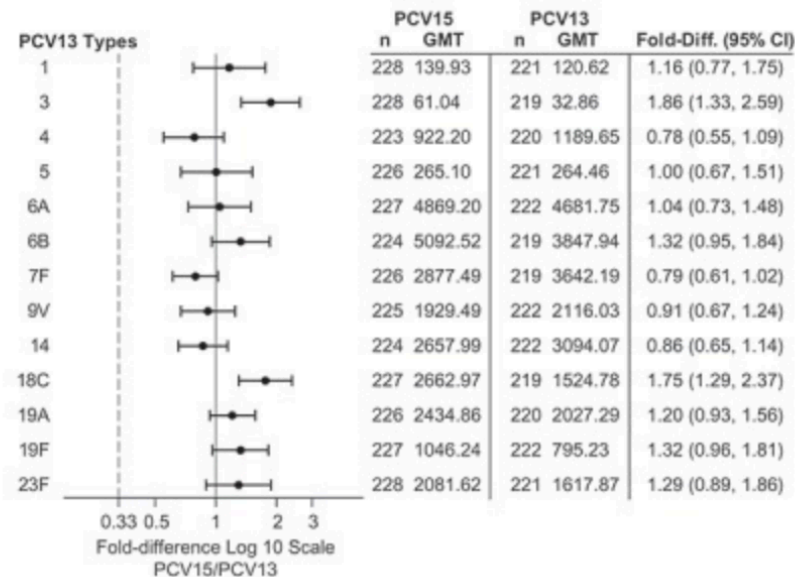
Helen L. Stacey,^a Jeffrey Rosen,^b James T. Peterson,^c Angela Williams-Diaz,^d Vanita Gakhar,^d Tina M. Sterling,^d Camilo J. Acosta,^d Katrina M. Nolan,^d Jianing Li,^d Alison Pedley,^d Patrice Benner,^d Chitrananda Abeygunawardana,^d Michael Kosinski,^d William J. Smith,^d Hari Pujar,^d and Luwy K. Musey^d

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Panel A: PCV15-A versus PCV13

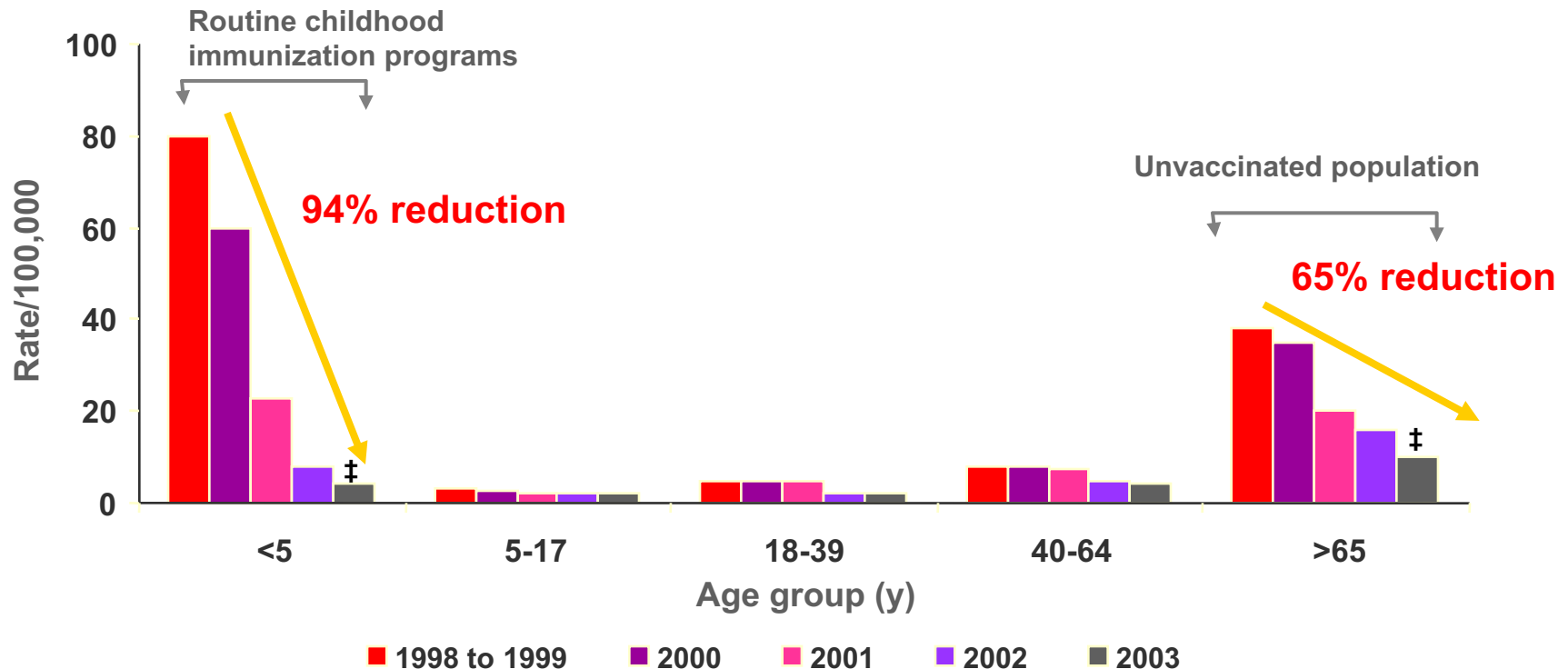


Panel B: PCV15-B versus PCV13



Conjugate (7): Indirect Effect—IPD (U.S.)

Rate of Vaccine-type (VT) IPD Before and After Introduction of PREVNAR, by Age Group and Year†



†Active Bacterial Core surveillance, United States, 1998 to 2003

‡ $p < 0.05$, 2003 vs 1998-1999

PREVNAR vaccination was associated with a reduction in IPD in vaccinated and unvaccinated populations

Adapted from CDC. *Morb Mortal Wkly Rep.* 2005;54:893-897.

'Best' Strategy for Adults

Identify high risk (≥ 65 yo, co-morbidities)

Start with conjugate vaccine

- Highest valency available
- Prevnar 13™ for the moment

8-12 months later – polysaccharide vaccine

- Pneumo23™ for the moment
- minimum of 8 weeks if urgent

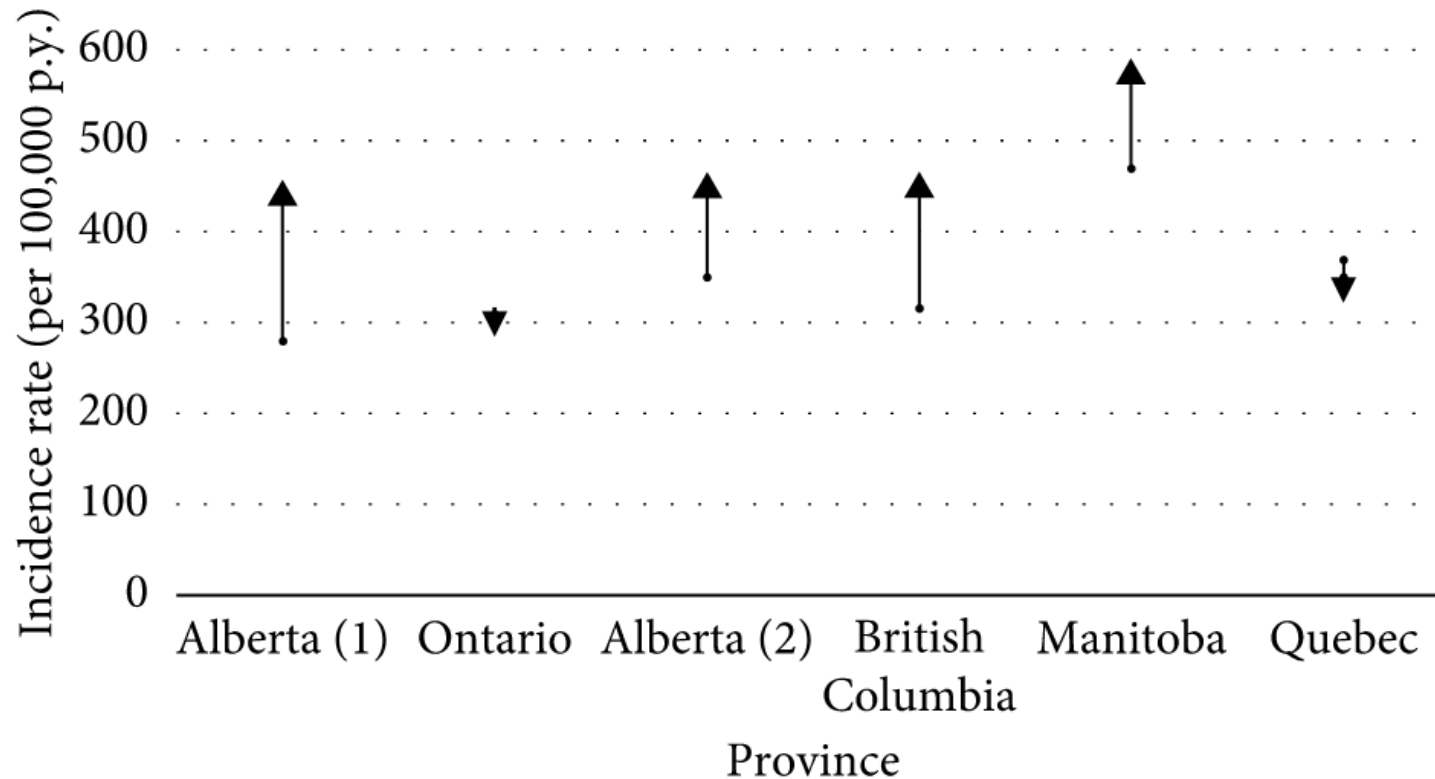
Boosters?

- Not yet known for conjugate vaccines
- Up to every 5-10 years for Pneumo23

VZV & Shingles



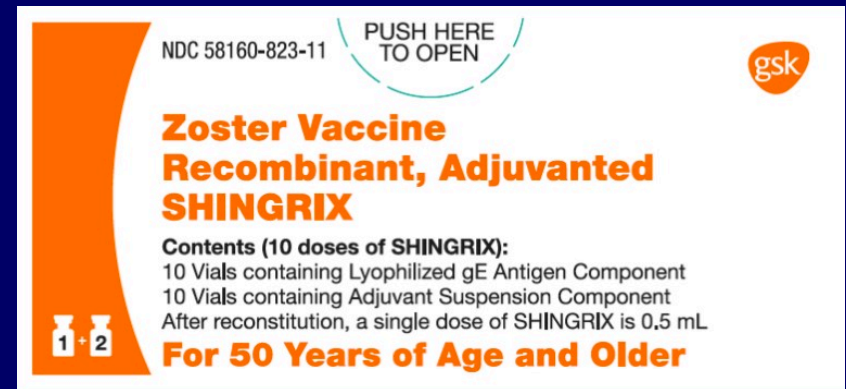
Hospitalizations & Consultations for Herpes Zoster in Canadian Provinces



Shingrix™ is a Good Vaccine

- Vaccine that targets VZV glycoprotein E (gE) and ASO1_B adjuvant
- Adjuvant MPL + QS21 (oil-in-water + TLR4 agonist)
- Need 2 doses 2-6 months apart (need for boosters not known but likely)
- Works in very old and the immunocompromised (lower efficacy predicted but at least you can use it)
- Recommended for >50 yo and can give to those who have had Zostavax™

When are we going to have to give a booster?



>90% efficacy

Safe

Replaces Zostavax

What's Next for the Elderly?



RSV vaccine

Better influenza vaccines

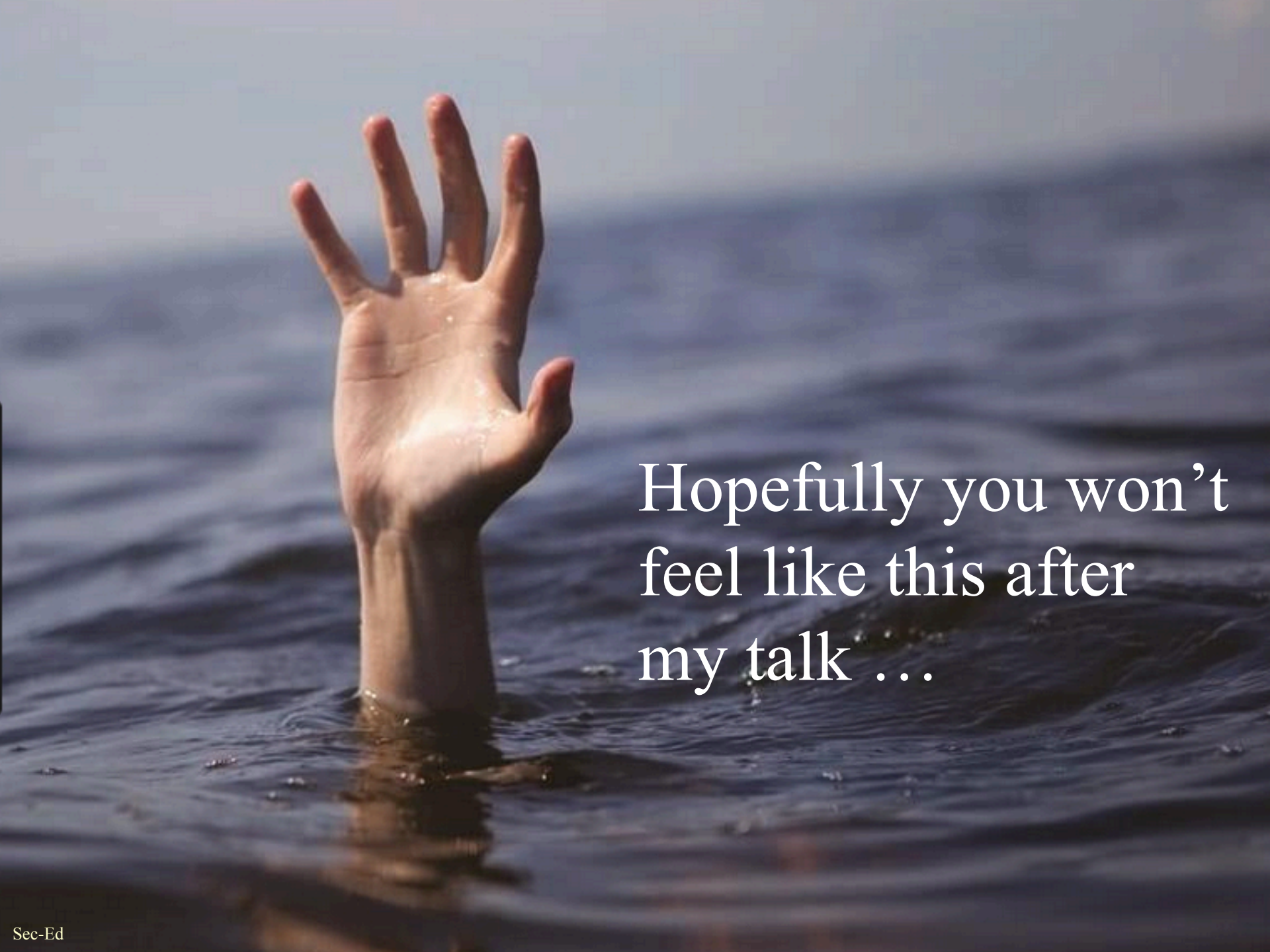
Cancer vaccines

C. difficile vaccine

We (me included) are Going to Stay Healthy and Active Longer



Appropriate use of vaccines will have an ever larger role to play

A close-up photograph of a person's hand and forearm emerging from dark blue water. The hand is open, palm facing up, with fingers slightly spread. The skin is wet and glistening with water droplets. The background is a blurred expanse of water under a pale sky.

Hopefully you won't
feel like this after
my talk ...